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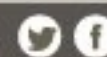


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Evelyn White  
drinks some of  
Good Robot's  
Ale to the Chief  
brew Tuesday.  
JEFF HARPER/METRO

## HOPSwithHOPE

North-end Halifax brewery  
introduces Obama-inspired ale  
metroNEWS

# Keep calm and slow down: City

DEBATE

## Council talks traffic-calming measures



**Zane  
Woodford**  
Metro | Halifax

An administrative order passed by Halifax regional council on Tuesday could slow down traffic in your neighbourhood.

The order creates a new process for people to apply to have traffic-calming measures — like speed bumps, chicanes, raised crosswalks, raised intersections, islands or traffic circles — installed in their communities.

Residents will be able to apply either directly to Halifax Regional Municipality or through their councillors to have cut-through traffic reviewed in their neighbourhoods. That review would look at how many cars

drive through a neighbourhood or specific street daily, and their average speed. If the street in question meets the criteria, an explainer letter and a ballot would go to each house on the street or in the neighbourhood.

If 50 per cent plus one of the ballots that come back are in favour of the idea, the traffic calming goes forward.

The process is open to people who live on two-lane "local streets" or "minor collector streets" that have a posted speed limit of 50 kilometres per hour or less, and are not on a transit route or "primary emergency response route."

During council's committee of the whole meeting Tuesday morning debating the idea, every councillor who spoke identified speeding as a problem in his or her district.

But some councillors cast doubt on whether the measures would work.

Coun. Gloria McCluskey raised concerns about speed bumps and their effect on snowplows.

Coun. Linda Mosher questioned



**They're useless.**

Coun. Linda Mosher on chicanes

the effectiveness of chicanes — a traffic calming measure where a curve is installed in a roadway to make drivers slow down.

"As far as chicanes go, in my experience they don't work," she said, suggesting the ones installed on Romans Avenue are confusing for motorists, including herself.

"I drove down the middle," she said.

Coun. Jennifer Watts suggested it might make more sense for the municipality to think about traffic calming when it's building roads, rather than after the fact.

"If you build the road so that people really can't speed down it, that is your effective partner because it's there all the time to make sure that people are reducing their speed," she said.



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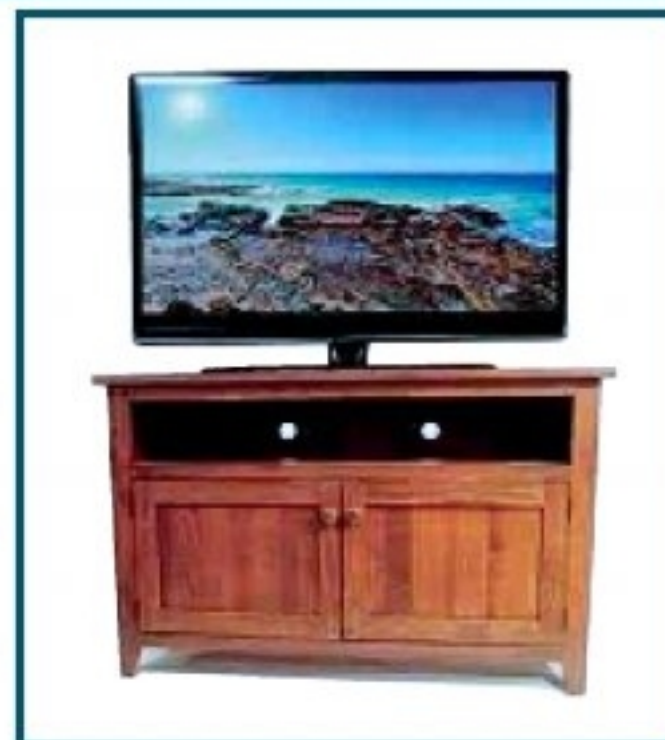
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## Missing mail from box concerns Spryfield man

CANADA POST

**T4 slip, \$300 in hockey cards among items believed stolen**



**Yvette d'Entremont**  
Metro | Halifax

A Spryfield man is expressing concern and warning people about mail being stolen from his community mailbox after the lock broke and his mail delivery continued.

David Clarke said his trouble began Feb. 11, when he struggled to open his frozen mailbox lock. He called Canada Post the next day and was told mail wouldn't be delivered to his community mailbox until Feb. 18. That was when the lock was supposed to be replaced.

"The lady said I would have to go and get the mail from a secure place and I was like 'Fine, that's awesome,'" Clarke recalled.

"It's right in front of the Herring Cove Road and anybody could walk by there."

But junk mail and a few bills were still being delivered to the mailbox after he reported the broken lock, raising Clarke's concern that maybe more important things were being delivered also.



David Clarke is unhappy his specific community mailbox was broken, and not immediately fixed, resulting in what he said was some of his mail being stolen. JEFF HARPER/METRO

"I see in my street opened mail torn up. Like my mother's T4 tore up. I found that on the road," he said.

"Her social insurance number is probably on that T4 so someone is probably going to in the future use it and my T4 is also missing. It supposedly got sent out downtown last Tuesday

and it was seven days ago, so it either got lost in the mail or it has been stolen."

Clarke said the mailbox lock still wasn't fixed Feb. 18.

On Feb. 19, he received a notification that his eBay order of \$300 worth of hockey cards had been delivered to his mailbox. He never received them.

"I called right away Monday (Feb. 22) because I had my daughter Friday and didn't want to argue or anything on the phone that day because it would be upsetting," he said.

"I said to Canada Post that my box is still not fixed and you keep still putting mail in it and stuff has been getting stolen."

Clarke said the Canada Post employee told him Monday to call the police to report the theft, so he did.

"I'm like to the woman, 'I kind of understand because you guys are kind of busy but you still really shouldn't have put mail in our broken mailbox,'" he said.

"Anybody walking by sees an open mailbox, sees a package there, they can grab it, open it, sell it or whatever. It's not just about the \$300. What if someone has defrauded us? You don't know."

Clarke said since reporting the theft to police on Monday, he has more confidence the issue will be resolved. He said the Canada Post employee he spoke with Tuesday was going to see about reimbursing him for the \$300 worth of missing eBay hockey cards. He was told to call again Wednesday if the lock still hadn't been replaced.

Despite his frustration, he said he was trying to remain upbeat.

"You never know what you're going to get in the mail, but it's mostly bills," he joked. "Why couldn't they just take them and pay them? I wouldn't have cared about the \$300 and I wouldn't have made a complaint."

Canada Post spokesman Eugene Knapik was looking into the issue but didn't get back to Metro before press time Tuesday.

MURDER TRIAL

## Witness facing perjury

**Dylan DesRoches**  
For Metro | Halifax

A Halifax man has been charged with perjury following his testimony during a recent murder trial.

The 22-year-old man was issued a subpoena, police say, forcing him to testify at Nova Scotia Supreme Court in Halifax as a witness on Feb. 4 in the trial of Kale Leonard Gabriel.

Gabriel was on trial for the 2010 shooting murder of 21-year-old Ryan White.

"When the witness was called to take the stand, he initially refused and was placed

in the court house cells," a police release stated. "He later changed his mind and took the stand. Investigators noted that the witness was not truthful about his knowledge of the homicide during his testimony."

Marcus Terrence Verrault was arrested Monday at a residence in the 2500 block of Brunswick Street in Halifax. He is scheduled to appear in court on Tuesday to face a charge of perjury.

Gabriel, 27, was found guilty of second-degree murder in connection to White's death.



**Ryan White**  
FACEBOOK

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Some people in Dartmouth took it upon themselves to change this sign at Sullivan's Pond last year. JEFF HARPER/METRO

# Region reconsiders use of Halifax logos

## BRANDING

### Report commissioned on brand use east of city



**Zane Woodford**  
Metro | Halifax

What's in a name?

City staff must now try to answer that controversial question after regional council voted Tuesday for a report "regarding the application of the Halifax logo" in communities across the municipality.

The motion originally put forward by Coun. Gloria McCluskey asked for a report

"regarding the removal of the Halifax logo and brand from all community signs, landmarks and flagpoles in the Harbour East Marine Drive Communities" — including Dartmouth, Cole Harbour and Eastern Passage.

"Dartmouthians are proud people," McCluskey told council Tuesday. "We're proud of what we accomplished. So why are we upsetting the people over there today?"

McCluskey said she agreed with creating the Halifax brand for the purpose of promoting the municipality nationally and internation-

ally, but that purpose "got lost along the way."

"Staff got carried away with this," she said.

The city's top staffer, acting chief administrative officer John Traves, conceded that the sign in Sullivan's Pond in Dartmouth that kicked off the debate may have been heavy-handed, and said he'd be happy to write a staff report better articulating how the brand should be used.

"There could be a lighter touch, frankly, in terms of the size of the brand, and the necessity of the brand in all circumstances," he said

Tuesday.

Coun. David Hendsbee sits on the Harbour East Marine Drive community council that brought the motion forward, but took a different stance than McCluskey.

Hendsbee was concerned about the cost of pulling down all the signs in his sprawling district to remove either the old or new Halifax logo, and disagreed with McCluskey's assertion that this was about community identity.

"Is Dartmouth having an identity crisis? I don't think so," he said Tuesday.

Hendsbee told council he'd be voting against the motion, but after an amendment removing the word "removal," it passed unanimously.



**We're hurting in Dartmouth....  
We just want our identity back.**

Coun. Gloria McCluskey

## UTILITIES

### Water, wastewater rate hike coming

Halifax Water presented its 2016-17 business plan to regional council on Tuesday.

The utility's general manager, Carl Yates, summarized the \$66.8-million budget and highlighted some projects and initiatives it's working on in the next year.

A water and wastewater rate hike on April 1 will mean an average rise of seven per cent per household, which the utility says will allow it to maintain its current service levels.

One of the utility's initiatives for the coming year is advanced meter infrastructure, at a cost of \$3.3 million. Yates told

council that would mean better monitoring of residents' usage, which could help people change habits and lower their bills.

It's also moving its customer service call centre from the 311 centre to its own customer care centre, which Halifax Water says will improve customer service.

In terms of costs, the utility has about \$2.6 billion worth of water, wastewater and stormwater infrastructure improvements to do over the next few decades — something the city hopes the federal government will help with.

ZANE WOODFORD/METRO



## COUNCIL, CRIME

### Mobility study approved

Halifax regional council voted Tuesday to have staff create a plan to integrate all of the municipality's transportation investment and planning.

A staff report says the plan will "address the need to link people and communities with each other and with the goods, services and employment opportunities which they seek, in an environmentally sensitive, socially beneficial and fiscally responsible manner."

The total cost of the study will be \$350,000 over the next two years. It is expected to be completed by Feb. 1, 2017.

ZANE WOODFORD/METRO

### Composting plan underway

Municipal staff will soon be looking for proposals from contractors to deal with compost.

Halifax regional council voted Tuesday to direct staff to start putting out a request for proposals

from contractors for organics management and processing — composting the contents of your green bin. ZANE WOODFORD/METRO

### Hour-long standoff ends in Halifax man's arrest

Halifax police arrested a man, seized his pellet gun and sent him to hospital for examination after receiving reports from the public Tuesday night.

Halifax Regional Police officers responded to a residence call on the 2700 block of Fuller Terrace at about 9:35 p.m., according to a news release.

Complainants indicated to police that a man wielding a handgun was "going to cause a disturbance in the area."

Patrol officers, an emergency response team and police dogs also descended on and contained the area. About an hour later, at 10:35 p.m., the man came out of the home, the news release said. KRISTEN LIPSCOMBE/METRO

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# Help sought solving crime

## TAWAAK HOUSING

### Man remains in hospital with serious injuries



**Philip Croucher**  
Metro | Halifax

Police are asking for the public's help as they continue investigating an incident that has left a man in hospital with life-threatening injuries.

Officers with Halifax Regional Police were called to Tawaak Housing Association at 6175 Lady Hammond Rd. around 10 p.m. Sunday to respond to a call about an injured man.

Police said a number of people were in the apartment when there was a physical altercation and a 24-year-old man "was struck in the head with an object."

On Tuesday, police spokeswoman Const. Dianne Woodworth said in an interview she couldn't disclose what object was used to strike the victim.



Officers with Halifax Regional Police Forensic Identification Unit were on scene at the Tawaak Housing Association at 6175 Lady Hammond Rd. on Monday. JEFF HARPER/METRO

"It was a social gathering," she said.

"There was a fight that broke out."

The man was transported

to hospital for life-threatening injuries.

On Tuesday morning police said the man's current condition prevents investigators

from speaking with him.

On Monday, officers interviewed three women who were at the party. They were charged with matters unrelated to the

## + ABOUT TAWAAK

### Nonprofit helps house aboriginal people in city

According to its website, Tawaak Housing Association offers affordable housing for aboriginal people living in the urban core as well as supportive programs for the homeless. METRO

assault and have since been released.

One 24-year-old woman was charged with two counts of breach of recognizance, another 24-year-old woman was charged with two counts of breach of an undertaking and a 22-year-old woman was charged with assaulting an officer by spitting on the officer.

All three women are scheduled to appear in court at a later date.

The investigation is ongoing and investigators are asking anyone with information about this incident to contact them at 902-490-5016.

WITH FILES FROM YVETTE D'ENTREMONT

## SHELBURNE COUNTY

### Woman dies in crash

A 43-year-old woman is dead after a head-on collision in Nova Scotia.

The RCMP say the collision happened Monday at 6:30 p.m. on Highway 330 in North East Point, Shelburne Co.

They report that a one-ton cube van and a small car were involved in the accident. The victim was driving the car and died at the scene.

The driver and two passengers in the van weren't injured.

The RCMP say no charges are expected to be laid.

"Our thoughts are with the victim's family and friends at this difficult time," a release states.

The victim's name hasn't been released. METRO



**Our thoughts are with the victim's family and friends at this difficult time.**

RCMP release

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**DALHOUSIE MURDER CASE HEARING CONTINUES IN STUDENT'S DEATH** William Sandeson arrives at his preliminary hearing at provincial court in Halifax on Tuesday. The hearing is expected to continue the rest of the week for Sandeson, who is charged with first-degree murder in the killing of Taylor Samson last year. ANDREW VAUGHAN/THE CANADIAN PRESS

# Residents say it's high time for titles

NORTH PRESTON

## Community's 200-year wait for ownership nearing an end

Residents of a black community in Nova Scotia say they're hoping for progress this week in gaining title to their land, 200 years after their ancestors were handed rocky plots without clear ownership.

The Nova Scotia government provided land to black loyalists in the 1800s, but the Crown didn't provide land titles — though it did for white settlers.

Dwight Adams, a volunteer with a community group in the North Preston area, says that up to one-third of residents in the community of about 3,700 still don't have title to the land.

"We don't want to continue paying taxes and find out down the road we don't even have a property to pass on," he said.

Journalism students at the

Nova Scotia Community College released an online documentary Monday depicting how a government-funded process to gain title in the 1960s lapsed. It includes interviews with current residents still struggling to gain title.

The students also cited a petition presented to the Crown in 1860 from black settlers saying their inability to confidently build

Applications for title are currently made to the land services branch of the Department of Natural Resources, with individual residents responsible for providing documentation.

Angela Simmonds, a Dalhousie law student, completed a study last year that says after some titles were settled in 2009, "it has been increasingly difficult for people to get a response."

North Preston resident Wylie Cain says in the student documentary that he wanted to grant land passed to him by his grandparents to his daughter Elaine Cain, but has found it a struggle without a deed.

His daughter said she's been attempting to gain title for much of her adult life. "I've been working to get this land title since I was 29 years old, paying taxes, putting in applications ... and no response," she said.

Bruce Nunn, a spokesman for the Department of Natural Resources, said the province was planning an update on its efforts to assist the residents to gain title.

THE CANADIAN PRESS

“

**I've been working to get this title since I was 29.**

Elaine Cain

upon or mortgage their lands was creating hardship. In 1963, former premier Robert Stanfield promised to fix the problem, setting up the Land Titles Clarification Act.

However, Adams said many families were unable to make use of the free land surveyors or legal advice, and the funding for the program was cut.

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# 'We're here for you': Brewery

## NORTH END

## New area biz reaches out to residents, builds bridges



**Haley Ryan**  
Metro | Halifax

A north-end Halifax brewery has poured out a welcome glass for the community in a message to residents that "we're here for you."

Joshua Council, co-founder of Good Robot Brewing on Robie Street, said they had decided to make about 40 litres of honey porter, inspired by President Barack Obama's homebrew (dubbed Ale to the Chief), to have during an event Tuesday celebrating Black History Month, considering the prominent history of the area's black community.

"We've been welcomed to the neighbourhood really warmly. We want the folks who are here, who we're moving in

on their turf, to feel we're here for you," Council said.

"We're not trying to push you out. This is a neighbourhood thing to welcome the old and new."

Good Robot put up posters for the event at the YWCA and other outreach centres to draw people in who otherwise wouldn't visit a craft brewery, Council said, and hosted live music and food from local restaurant Caribbean Bliss for the event.

Evelyn White, a Good Robot patron and journalist, said she thought the Obama beer was a great idea for celebrating black history in the north end, especially since that culture brought her from British Columbia to Halifax in the first place.

Sipping the dark beer, White said the taste was rich with some sweetness, and clearly had some chocolate and malt tones — adding with a smile, "Obama and Michelle would be proud."

As a self-described child of the '60s and beneficiary of the civil rights movement, White said it's "deeply moving" to



**Good Robot bar manager Liam McNeil** smiles after pouring a pint of limited edition Ale to the Chief, which is based on Barack Obama's recipe. JEFF HARPER/METRO

see a shift toward Obama's presidency and meeting young people like those at Good Robot who "don't harbour the preconceptions about race."

"It's extremely important as these sorts of businesses arise

that the owners have some sort of sense of the history here and how easy it is for the people who have grown up here ... to feel that they're being pushed out," White said.

"That they recognize that, I

think it's important."

Council said he never felt like he had a community before, since he grew up as a "suburbs kid."

"This is the first time I've kind of cared about anywhere



**I think it's better than (Obama's), to be honest.**

Joshua Council

I lived," Council said.

That's why he reached out last summer to residents such as Lindell Smith, co-founder of CentreLine Studio, when he first heard about the topic of gentrification in the north end.

"This is the last thing you want to hear about as a small business owner, that you're ruining a neighbourhood," Council said, adding that for them, more awareness and good has come out of attending community meetings.

Smith, who dropped in Tuesday, said growing up on Gottingen Street, he felt he wasn't really engaged by new businesses coming into the north end.

"It's just important," he said. "It's good to see that businesses want to take that step forward."

## School Review Public Meetings - Schools in Eastern Passage



On December 16, 2015, the Halifax Regional School Board approved a motion to initiate a school review process for the following schools in Eastern Passage:

- Eastern Passage Education Centre
- Ocean View Elementary
- Seaside Elementary
- Tallahassee Community School

In accordance with the provincial School Review policy, a School Options Committee (SOC) has been initiated to complete the review. The SOC will hold three public meetings to present its work and seek input and feedback about the review scenarios under consideration.

The public meetings will be held:

Date and Time	Location	Address
Wednesday, March 9, 6:30–9 pm	Ocean View Elementary, Gymnasium	51 Oceanview School Rd, Eastern Passage
Wednesday, April 20, 6:30–9 pm	Seaside Elementary, Gymnasium	1881 Caldwell Rd, Eastern Passage
Wednesday, May 18, 6:30–9 pm	Seaside Elementary, Gymnasium	1881 Caldwell Rd, Eastern Passage

At each public meeting, an explanation of the school review process will be provided including the mandate of the SOC and a summary of the work conducted to date.

Additional information with respect to the school review process can be found on the Halifax Regional School Board website at [www.hrsb.ca](http://www.hrsb.ca).

## CONSTRUCTION

## Coalition is hoping to raise awareness of rezoning at rally



**Yvette d'Entremont**  
Metro | Halifax

A group concerned about a rezoning application that would bring a construction and demolition facility to their community are hoping for a big turnout for their rally on Wednesday night.

The Coalition for Safe and Healthy Communities of Preston, Mineville, Lake Echo and Porters Lake is a registered society formed last year in response to a HRM rezoning application.

The Kiann Management Limited application to rezone 38 acres has raised several concerns for area residents. The company is seeking to change the zoning from its designated rural enterprise zone to one that would permit a construction and demo-

lition waste processing facility on Highway 7 in Porters Lake.

People living in the surrounding communities have expressed concerns that range from negative impacts on their drinking water and air quality to traffic and noise.

"There isn't anybody in the community, including members of the coalition, that won't be the first to admit that these kinds of facilities are required, but where you place them needs to be strategically done," said coalition chairwoman Deb Day.

"Pick your spot, make sure it's appropriate and if people build up around it, it's their choice to do that. But don't plunk it down in the middle of 10,000 breathing souls that are going to be negatively impacted by this."

The coalition is holding its information/rally session to en-

### + ON THE WEB

More details about Wednesday's rally and The Coalition for Safe and Healthy Communities of Preston, Mineville, Lake Echo and Porters Lake can be found at [nodumpsonhwy7.org](http://nodumpsonhwy7.org).

sure residents are ready for HRM open house meetings slated for March 2 and March 5. They want to remind and encourage them to book their required time slots for the HRM sessions.

"We want to answer any questions residents may have on the specific format the municipal planners are having because we know it's not what we originally expected," Day said.

## WORKPLACE INJURY

## Roof fall leaves man in hospital

A 55-year-old Nova Scotia man ended up in hospital with a life-threatening head injury Tuesday afternoon after falling off a roof while at work, according to Halifax RCMP.

The Mounties responded to

what they're calling "a serious industrial workplace accident" at about 12:30 p.m. on Tuesday. The incident happened at a Rocky Lake Drive business in Waverley, a RCMP news release sent out late in the after-

noon said.

Paramedics rushed the man, who is from Lunenburg County, to hospital.

Both police and the Nova Scotia Department of Labour are investigating. METRO





A King of Donair employee slices donair meat from a spit at the chain's Quinpool Road location. JEFF HARPER/METRO FILE

# Spreading the word to wild west

## CUISINE

### King of Donair takes Halifax's favourite food on a road trip

Dylan DesRoches  
For Metro | Halifax

We're not saucing you here — Halifax's official food is going west.

Halifax's beloved donair franchise, King of Donair, is taking the leap and opening two pop-up locations in western Canada, confirmed King of Donair vice-president Nicholas Nahas.

The two pop-up locations will be open for one day, March 4 in Calgary and March 5 in Banff.

Nahas is still working to finalize a location for the Calgary visit, but King of Donair will have a booth at Sunshine Village in Banff on March 5 for East Coast Lifestyle's Snow Jam.

This is a first-ever step like this for King of Donair, which is working to expand its donair franchise.

"We have plans of expanding out westwards and bringing the donair to the rest of the country," said Nahas.

The location for the first King of Donair franchise in western Canada is still being decided on, said Nahas, but he would love to see branches opening up everywhere.

"We want to put King of Donair all over the map," he said.

"We'll work on the major places out west, whether it's in Alberta and Ontario, we have a few different locations in mind right now."

There is a huge demand for donairs in western Canada — so huge that Nahas receives messages and emails daily asking when the donair will go west.



**We're hoping for sooner rather than later, but we're still working on the details.**

Nicholas Nahas

"We get emails and messages daily: When are you going to bring the donair out here? When are you going to expand? When are you going to open a franchise?" he said.

"And this has been happening for years."

Nahas isn't sure when the expansion would occur, but he hopes it will be soon.

## CLASS-ACTION SUIT

# Disabled vets take benefit fight to court

Disabled military veterans will take their fight for long-term benefits to a Halifax courtroom Wednesday where they will argue that they were wrongly denied payments because they received incorrect information from an insurer.

Stephane Hebert served in the Forces for 21 years before being involuntarily released in 2007.

Now he is part of the

proposed class-action suit against the federal government that is being heard in Federal Court.

Herbert says he didn't apply for disability payments because he was told wrongly that he would not be entitled to them and that when he did eventually learn otherwise, federal officials told him he had missed a 120-day deadline.

Dan Wallace, the lawyer

handling the case, says the information that led his clients to believe they would not receive any payments was based on a formula that takes salary and pensions into account.

But he says a previous court ruling in another matter involving veterans' benefits found that the formula was flawed and should be overturned.

THE CANADIAN PRESS

## + LEGAL ACTION

### Current suit follows pension settlement

This latest battle comes after Ottawa settled with about 7,500 claimants in a \$887.8-million class-action lawsuit in 2013 over their clawed-back pension benefits.

THE CANADIAN PRESS

## CLASS ACTION NOTICE

AUTHORIZATION OF A DATA BREACH CLASS ACTION CONCERNING THE LOSS OF THE PERSONAL INFORMATION OF CUSTOMERS WHO IN MARCH 2008 LEASED A CHRYSLER, DODGE OR JEEP VEHICLE FROM DAIMLERCHRYSLER FINANCIAL SERVICES CANADA INC. (NOW KNOWN AS TD AUTO FINANCE SERVICES INC.)

### Introduction:

In March 2008, a Data Tape containing the personal information of all DaimlerChrysler Financial Services Canada Inc. ("Chrysler Financial") vehicle lease customers across Canada was lost (approximately 239,277 customers). The personal information on the lost or stolen Data Tape contained some or all of the following information: the customer's name, address, phone number, social insurance number, date of birth, as well as other information related to the status and history of the customer's credit file with Chrysler Financial. If, on or before March 12, 2008, you leased a vehicle from Chrysler Financial (including, without limitation: **Chrysler, Dodge or Jeep vehicles**), your personal information was likely included in the lost Data Tape. You may also have received a notification letter from Chrysler Financial in March or April 2008, informing you of the loss of your personal information.

1. **TAKE NOTICE** that on January 19, 2015, the Honourable Mr. Justice Lacoursière of the Superior Court of Québec authorized the bringing of a class action against Defendant TD Auto Finance Services Inc., formally DaimlerChrysler Financial Services Canada Inc. ("Chrysler Financial" or "Defendant"), and ascribed the status of representative to Mr. Maxime Belley ("Petitioner" or "Plaintiff") to act on behalf of the following Group:

*All persons (including their estates, executors, or personal representatives), consumers, corporations, firms, businesses, and other organizations, in all of Canada, whose personal information was stored or saved on a data tape, which was lost by Respondent while in transit on or about March 12, 2008.*

2. **This class action will be brought in the Province of Quebec, District of Montreal.**
3. **The principal questions of facts and law that will be dealt with collectively are the following:**
  - a. Was Defendant negligent in the handling of and subsequent loss of the personal information of the Group members?
  - b. Is Defendant liable to pay damages to the Group members as a result of the loss of said information, including actual monetary losses incurred, lost time, inconvenience, anxiety and other moral and/or punitive damages caused by the loss of said information, and if so in what amount?
4. **The conclusions sought by this authorized class action are the following:**

**GRANT** Plaintiffs' action against Defendant;

**CONDEMN** Defendant to pay to the members of the Group compensatory damages for all monetary losses caused as a result of Defendant's loss of the members' personal information;

**CONDEMN** Defendant to pay to the members of the Group compensatory and/or moral damages in the amount to be determined by the Court as a result of Defendant's loss of said members' personal information;

**CONDEMN** Defendant to pay an amount in punitive / exemplary damages to every Group member, in the amount to be determined by the Court, with interest as well as the additional indemnity;

**GRANT** the class action of Petitioner on behalf of all the members of the Group;

**ORDER** the treatment of individual claims of each member of the Group in accordance with the Quebec Code of Civil Procedure;

**THE WHOLE** with interest and additional indemnity provided for in the Civil Code of Quebec and with full costs and expenses, including expert's fees and publication fees to advise members;
5. **If you wish to exclude yourself from the class action, you must notify the clerk of the Court no later than May 28, 2016, by registered or certified mail at the following address:**  
Clerk, Superior Court of Quebec, 1 Notre-Dame Street East, Montreal, Quebec, H2Y 1B6

You must state that you wish to exclude yourself from the class action of Maxime Belley v. TD Auto Finance Services Inc. (case number 500-06-000615-126).

6. **A Class Member who has not requested his exclusion by May 28, 2016 will be bound by any judgment rendered in the class action.**
7. **If you wish to remain included in the class action, you have nothing to do.**
8. **As a Class Member, you have the right to intervene in the present class action, in the manner provided for by law. If you do so, you will not be called upon to pay any costs.**
9. **For further information about this class action, you may contact class counsel and, if possible, provide your email or other address:** Mtre David Assor, Lex Group Inc., 4101 Sherbrooke St. West, Westmount, Quebec H3Z 1A7  
Phone: (514) 451-5500 ext. 321 Fax: (514) 875-8218 Email: davidassor@lexgroup.ca Website: www.lexgroup.ca

THE PUBLICATION OF THIS NOTICE TO CLASS MEMBERS HAS BEEN APPROVED AND ORDERED BY THE SUPERIOR COURT OF QUEBEC.



# Blue Rodeo making a 'U-turn'

## MUSIC

## Iconic band to perform classic hits, new tunes at live concert



**Haley Ryan**  
Metro | Halifax

Blue Rodeo may be touring on their latest live album, but Jim Cuddy says what's on stage is a "bit of a U-turn."

The iconic Canadian band returns to Halifax Wednesday night to play the Scotiabank Centre with opener The Strumbellas to promote Live at Massey Hall, recorded in Toronto just over a year ago.

"Each time we put up a tour we think, 'Will they come back again?'" Cuddy told Metro over the phone.

"We tried to do some different things this time; it's a little bit more theatrical."

The live album captures the band's last three years, Cuddy said, with tracks from the recent In Our Nature album and classics like Rose Coloured Glasses and 5 Days in May.

Putting out the album was really an "excuse to tour" as well as release vinyl of classic albums Casino, Lost Together and 5 Days in July, Cuddy said, but they originally thought the recording would come out of a Halifax show.

However, Cuddy said the Massey Hall performance stood out when their sound



Blue Rodeo is making its latest trip to the Scotiabank Centre on Wednesday night. CONTRIBUTED



**We tried to do some different things this time; it's a little bit more theatrical.**

Blue Rodeo singer-songwriter Jim Cuddy

engineer told them to listen to what he had taped on his computer.

"It was played with such abandon," Cuddy said. Massey Hall itself is where

band members saw concerts when they were kids, so Cuddy said having a good recording seemed "unavoidable."

"Obviously this was meant to be, because this is our personal history reflected in now our band's history," he said.

But fans headed to catch

the show won't be getting a rundown of the live album, Cuddy said, since they will be doing other songs from their lengthy career as well as brand-new tracks planned for an album due out this fall.

"We just sort of launched a tour in support of that, but (we're) actually taking a com-

### + SHOW TIME

The show begins Wednesday at 8 p.m. with opener The Strumbellas. Tickets range from \$55 to \$69.50 and are available at the Ticket Atlantic box office, 902-451-1221, ticketatlantic.com, or some Atlantic Superstores.

plete U-turn," Cuddy said.

When building a set, Cuddy said he and longtime band member Greg Keelor usually plan out what they'd like to perform like solo songs or something they haven't performed in years, then "reward" the audience with popular hits.

The new material is a little more electric, Cuddy said, while still tangential to their distinctive sound.

"There's one epic that Greg has called The Flame; it's almost like prog rock and we've never done that before," Cuddy said.

There's "not a lot of cons" to playing with the same people for decades, Cuddy said of original members Keelor and bassist Basil Donovan, since they've all shared the same experiences and even the new members have been there nearly 10 years.

"It's easier to go through this whole life and endeavour with friends," Cuddy said.

"We've just come through, and to fight would seem so ridiculous. I think we're very grateful for being able to continue for so long."

## LIGHTHOUSE PROJECT

## Drones capture staples of beauty

Larry Peyton with Nō Ka 'Oī Drone Guys is on a mission to capture video of every lighthouse in Nova Scotia.

And he's putting the videos on YouTube, for all to see. Peyton's calling it the Lighthouse Project.

Using a video drone, Peyton and his partner Cory Webb mix videos and share them on their YouTube channel.

Peyton said they're not in it for monetary gain as it's actually costing them money to produce these videos. It's more of a labour of love.

"Going on family vacations is what originally got me into it," Peyton said while filming at the Walton lighthouse in East Hants.

"Just the idea of being able to capture so much ... it just



Larry Peyton, with Nō Ka 'Oī Drone Guys, shows off his trusty video drone at the Walton lighthouse. TC MEDIA

sort of evolved and I wanted to capture the beauty of the landscapes wherever it was."

Peyton was born and raised in Newfoundland, but he said it was a visit to Sydney, N.S., that sparked his appreciation for lighthouses.

Nō Ka 'Oī Drone Guys have

captured dozens of lighthouses on video already, and they're hoping to hit all 175 in the province, if they can.

Peyton said each video takes hours to edit, while Webb produces original music to accompany the video. TC MEDIA

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# Melinda Gates pro-McKenna

FAMILY

## Philanthropist wants men to follow cabinet minister's lead

Philanthropist Melinda Gates says she wants to see male Liberal cabinet ministers follow Environment Minister Catherine McKenna's example by booking a few hours of early evening time exclusively for their families.

Gates, who believes that helping women and girls succeed will alleviate global poverty, says it would set an even stronger example if a man followed McKenna by turning off the phone between 5:30 p.m. and 8 p.m. to focus exclusively on family.

"I'm thrilled she's saying that and doing that because it takes courage, but ... it's going to take men also doing and saying the same thing," Gates told The Canadian Press on Monday.

Gates released her annual letter on international development late Monday as part of

her ongoing work with the philanthropic foundation she started with her husband Bill, the co-founder of Microsoft.

As it has in the past, the Gates' letter emphasizes the need to reduce carbon emissions and find ways to help the world's poorest.

On the latter issue, she said she had a long discussion with Prime Minister Justin Trudeau at last month's World Economic Forum in Davos and is genuinely impressed with where he wants to take Canada on the world stage.

She commended Trudeau's decision to carry on with Stephen Harper's maternal and newborn child health initiative, including its one new wrinkle — removing the former Conservative prime minister's ban on funding family planning projects that use contraception.

THE CANADIAN PRESS


Melinda Gates  
AP PHOTO

ROLL UP THE RIM

## Tims to honour woman's stolen prize

A woman who posted a photo of her prize-winning Tim Hortons cup on Facebook has said she will be able to claim her \$100 prize after all.

Margaret Coward of Conception Bay South, N.L., said one of her 900 Facebook friends spotted the security number on the rim of her cup in the photo she posted and claimed the \$100 prize ahead of her.

"My main thing out of this is not to try to get the \$100 Tim's card, it's (to tell) people: be aware," Coward told Torstar News Service in a telephone interview Tuesday morning.

She said a Tim Hortons customer service manager contacted her this week and said that she was "the rightful owner" of the winning cup.

Coward said she plans to fill out a form and send the winning rim to the company to claim her prize.

"We introduced the PIN code feature to allow winners the chance to collect their \$100 TimCard prize online, as an alternative to mailing in the winning tab," Jodi Bond, director communications for Restaurant Brands

International, the brand's parent company, told Torstar in an email.

"As these are unique PIN codes, we do not encourage our guests to post images of their tabs on social media until they have redeemed their prize."

Coward said she didn't know the Roll Up the Rim gift card award could be claimed online, nor did she know which of her 900 Facebook friends took the prize.

She said all she wants now is for others to

know not to post their winning cups online.

"The main thing is don't post your winning cup and just be careful of what you post because sometimes your friends aren't really your friends," she said. "There's something to be learnt and I've learnt."

And what does she plan to do with her winnings? Take her husband and three children out for lunch — her treat.

TORSTAR  
NEWS  
SERVICE


Margaret Coward won a \$100 Tim Hortons card on a Roll Up the Rim cup but a Facebook friend claimed her prize before she could. PAUL DALY/THE CANADIAN PRESS

# THEY CAME. THEY PITCHED. THEY GOT A DEAL.



## THE UPDATE SPECIAL

Presented by



# TONIGHT 8/8:30NT





# Gitmo may shut down

## HUMAN RIGHTS

### Time to close site, move detainees to U.S.: Obama

U.S. President Barack Obama on Tuesday vowed to "once and for all" close the detention centre at Guantanamo Bay, Cuba, and transfer many detainees to a facility in the U.S., submitting a plan short on specifics.

The facility for years has raised legal questions, become a recruitment tool for violent extremists and garnered strong opposition from some allies abroad.

"I don't want to pass this problem onto the next president, whoever it is," Obama said, in an appearance at the White House.

Obama's proposed path to closure remained unclear. It leaves unanswered the question of where in the U.S. a new facility would be located and whether it could be completed by the end of Obama's term. Moving detainees to U.S. soil is currently prohibited under U.S. law and lawmakers aren't keen to remove restrictions.

House Speaker Paul Ryan, R-Wis., said Obama had yet to convince Americans that moving detainees to U.S. soil is "smart or safe."

The proposal underscores the administration's strategy of shrinking the population, hoping the massive cost for housing the diminished popu-

## + PRO AND CON

**Pro:** The prison has long been a recruiting tool for militant groups. Holding extremists suspected of violent acts indefinitely without charges or trial sparks anger and dismay among U.S. allies.

**Con:** As Amnesty International argues, Obama's original vow was seen as a way to end the practice of detaining prisoners indefinitely without charge, not to bring that practice to the U.S.

lation would ultimately make closure inevitable.

Under the plan, roughly 35 of the 91 current detainees will be transferred to other countries in the coming months, leaving up to 60 detainees who are either facing trial by military commission or have been determined to be too dangerous to release but are not facing charges.

Those detainees would be relocated to a U.S. facility that could cost up to \$475 million to build, but would ultimately be offset by as much as \$180 million per year in operating cost savings. The annual operating cost for Guantanamo is \$445 million. The U.S. facilities would cost between \$265 million and \$305 million to operate each year, according to the proposal.

THE ASSOCIATED PRESS

## SCHOOLED IN HOSTILE CONDITIONS

A Palestinian teacher leads a class of Bedouin children from the Abu Anwar community near the Jewish settlement of Maale Adumim, in the background, Monday. Last week, the Israeli Army dismantled prefab classes and homes built with a donation from the French government, forcing children to attend their class outside without any infrastructure.

AHMAD GHARABLI/AFP/GETTY IMAGES



## KALAMAZOO, MICH.

# Motive behind shootings still unknown

As details emerge about the night that authorities say Jason Dalton has admitted gunning down six randomly chosen victims in and around Kalamazoo — attacks apparently carried out over hours during which he also ferried passengers around town as an Uber driver — any hint as to why remains stubbornly elusive.

Dalton appeared briefly in court by video link and was charged with six counts of murder, which carry a mandatory

life sentence. A judge denied bail for the 45-year-old former insurance adjuster, who Kalamazoo police Det. Cory Ghirghelli told the court had admitted to investigators "that he took people's lives."

The admission seemed only to deepen the mystery of what was behind the killings of six people with no apparent connection to the gunman.

"This is a terrible moment in the community. We face violence like any other community

does but nothing on this scale," said Kalamazoo County prosecutor Jeff Getting. "We've lost six people, we have a 14-year-old girl clinging to life, we have another victim who is recovering, thankfully, ... we have a high school that's lost a classmate."

"And no one understands why it happened."

Uber said Dalton passed a background check and became a driver on Jan. 25. He had given about 100 rides, the company said.

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Jason Dalton AFP/GETTY IMAGES



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## EUROPEAN UNION

# Eviction deadline nearing in Calais

Belgium temporarily imposed border controls Tuesday to fend off a feared wave of migrants as a French court pondered whether to allow the evacuation of a muddy, makeshift migrant camp in Calais.

The approximately 4,000 migrants in the sprawling camp, who all want to sneak across the English Channel to Britain, were facing an expulsion order to leave by Tuesday night or face a forced evacuation.

French authorities announced Feb. 12 that the huge southern swath of the camp on the edge of Calais must be razed. The state says up to 1,000 migrants live there but advocates put the number at more than 3,000, including hundreds of children.



**Migrants challenge court-ordered eviction in Calais.** AFP/GETTY IMAGES

French officials say the migrants must move either to heated containers installed last month behind the camp or to centres around France and rethink plans to get to Britain.

THE ASSOCIATED PRESS

## IN BRIEF

### Zookeepers' love triangle spat ends up in court

A former meerkat expert at London Zoo was cleared Tuesday of assaulting a monkey handler in a love spat over a llama-keeper.

Two High Court judges said Tuesday that Caroline Westlake had not "recklessly" injured Kate Sanders.

In October a lower court found Westlake, 30, guilty of assaulting Sanders, who suffered a cut cheek from a wineglass after the two women argued at a zoo Christmas party in 2014. Both had dated colleague Adam Davies.

Westminster Magistrates' Court found she had struck Sanders "recklessly but not intentionally."

THE ASSOCIATED PRESS



# Driving the blood faster

HEALTH

## Toyota helps organization improve its workflow

When Canadians talk about ways to improve the country's health care, it's usually Swedish hospitals or U.K. regulations used as examples.

But it's the assembly lines of Japan that are proving to be the unlikely role model for how Canada can get donated blood to hospitals faster.

Toyota Canada is teaching the Canadian Blood Services (CBS) about the philosophy behind its manufacturing, and how the blood services packs, processes and ships the blood at its distribution centres.

So far, the process has saved CBS an hour at its Brampton, Ont. manufacturing and distribution centre, the largest one of nine in Canada. That hour is crucial time when it involves patients in need of a blood transfusion, Rick Prinzen, chief supply chain officer for CBS said.

"These are life-saving products, so you can imagine in an ER setting where they need the product immediately, that hour can make a big difference," Prinzen said.

Driving the change is the



Toyota Canada is revamping the Canadian Blood Services distribution centre in Brampton, making their blood screening and processing more efficient. TORSTAR NEWS SERVICE

Toyota Production System, which the company regularly teaches to non-profits and small businesses. Canadian Blood Services is the latest big recipient.

The system is part philosophy, part supply-chain technique, and focuses on small improvements such as the number of steps employees make, in order to make a production more efficient.

Apart from saving lives, time is also crucial when some of the products CBS produces go bad very quickly. Blood platelets,

for example, have a shelf life of five days, and must be moved constantly to prevent clumping.

The Brampton, Ont. centre supplies 105 hospitals, including all the major ones in Toronto. Many of those hospitals have major trauma centres, which are constantly in need of blood. The centre in Brampton alone delivers about 57,500 litres of plasma protein products each year, according to the CBS.

"(Hospital) supplies may not be sufficient to deal with that

trauma event. So they need replenishment within hours," Prinzen said.

Maura Smith, general manager of Toyota Production System Support Centre, the not-for-profit that helps other businesses and charities learn the Toyota Production system, said Toyota's aim is to let CBS figure out the process for themselves.

"We don't want to come in and tell them what to do or make changes. We want to de-

### TOYOTA PROCESS

#### Walking Distance

Toyota rearranged the CBS workspace so each blood pack moved in a circle from beginning to end, cutting the number of employees' steps by 30 per cent.

#### Packing

The distribution area was revamped so problems are more visible, discouraging things like using another employee's printer, and speeding up the process by 40 per cent.

#### Ice time

The storage system was standardized, so blood packs go into the same area in each freezer to save time.

# 55%

The percentage of a single blood donation that turns into plasma, which is usually used in blood transfusions.

# 127k

The size, in square feet, of the Canadian Blood Services manufacturing site in Brampton, Ont.

# 332

The number of employees at the Brampton manufacturing site.

# 57k

The amount of blood plasma protein products shipped from the Brampton site each year is about 57,500 litres.

FOOD

## Produce box companies think local

Fresh fruit and vegetable prices may be climbing at a rapid rate, but the costs of food delivery box subscriptions are holding steady as economic and weather forces align to make local food a better deal.

"You haven't seen the increased prices on local foods, locally produced foods in the

way you have for imports," said Ran Goel, who founded the Greater Toronto Area's Fresh City Farms in 2011.

Fresh City Farms is one of many food box subscription companies to offer regular deliveries of pre-selected or customized produce.

In January, food costs for

Canadian households were four per cent higher than they were at the same time a year earlier, according to Statistics Canada's latest consumer price index. Fruits and vegetables fuelled the hike, rising by 12.9 and 18.2 per cent respectively.

Fresh City Farms packs its produce bags with an average

70 per cent locally grown food over the year.

For example, the company's boxes include potatoes — Ontario's largest fresh vegetable crop, according to the Ontario Potato Board. The humble spud actually cost



5.4 per cent less last month than in January 2015, according to Statistics Canada.

THE CANADIAN PRESS

### market minute

	<b>DOLLAR</b>
	72.63¢ (-0.30¢)
	<b>S&amp;P/TSX</b>
	12,763.44 (-82.19)
	<b>OIL</b>
	\$31.87 US (-\$1.52)
	<b>GOLD</b>
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- 4 G-Eazy ft Boie Rooda
- 3 Me, Myself and I
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2015

BETWEEN:

SUPREME COURT OF NOVA SCOTIA

CIBC Mortgages Inc., a body corporate

- and -

Alexandra Hemmingsen and Maryann Anderson

PLAINTIFF

DEFENDANTS

NOTICE OF PUBLIC AUCTION

To be sold at public auction under an Order for Foreclosure, Sale and Possession, unless before the time of sale the amount due to the Plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

Property:

House, lands and premises known as 4191 Clam Harbour Road, Clam Bay, Halifax County, Nova Scotia, identified by PID 40377061 and more fully described at Schedule "A" of the mortgage dated September 13, 2004 and recorded at the Halifax County Registry of Deeds in Book 7904, at Page 143, as Document No. 76357889. This property is not registered pursuant to the Land Registration Act.

Together with an easement recorded at the Halifax County Registry of Deeds in Book 7904 at Page 134 as Document No. 76357855. A copy of the description of the property, as contained in the mortgage foreclosed, is on file at the Prothonotary's office and may be inspected during business hours.

Date of Sale: Monday, February 29, 2016

Time of Sale: 9:00 a.m. local time.

Place of Sale: Halifax Law Courts, 1815 Upper Water Street, Halifax NS B3J 1S7.

Terms: Ten per cent (10%) deposit payable to "Burchells LLP, in Trust" by cash, certified cheque or solicitor's trust cheque at the time of sale, remainder within fifteen (15) days upon delivery of deed.

Signed January 20, 2016

Nicholas C. G. Mott

COX & PALMER

1100-1959 Upper Water Street

PO Box 2380 Central

Halifax, NS B3J 3E5

Solicitor for the Plaintiff

I, Andrew Rankin, Barrister

Burchells LLP (Halifax Office)

Hlx No. 445577



# ONE NATION ONE TEAM

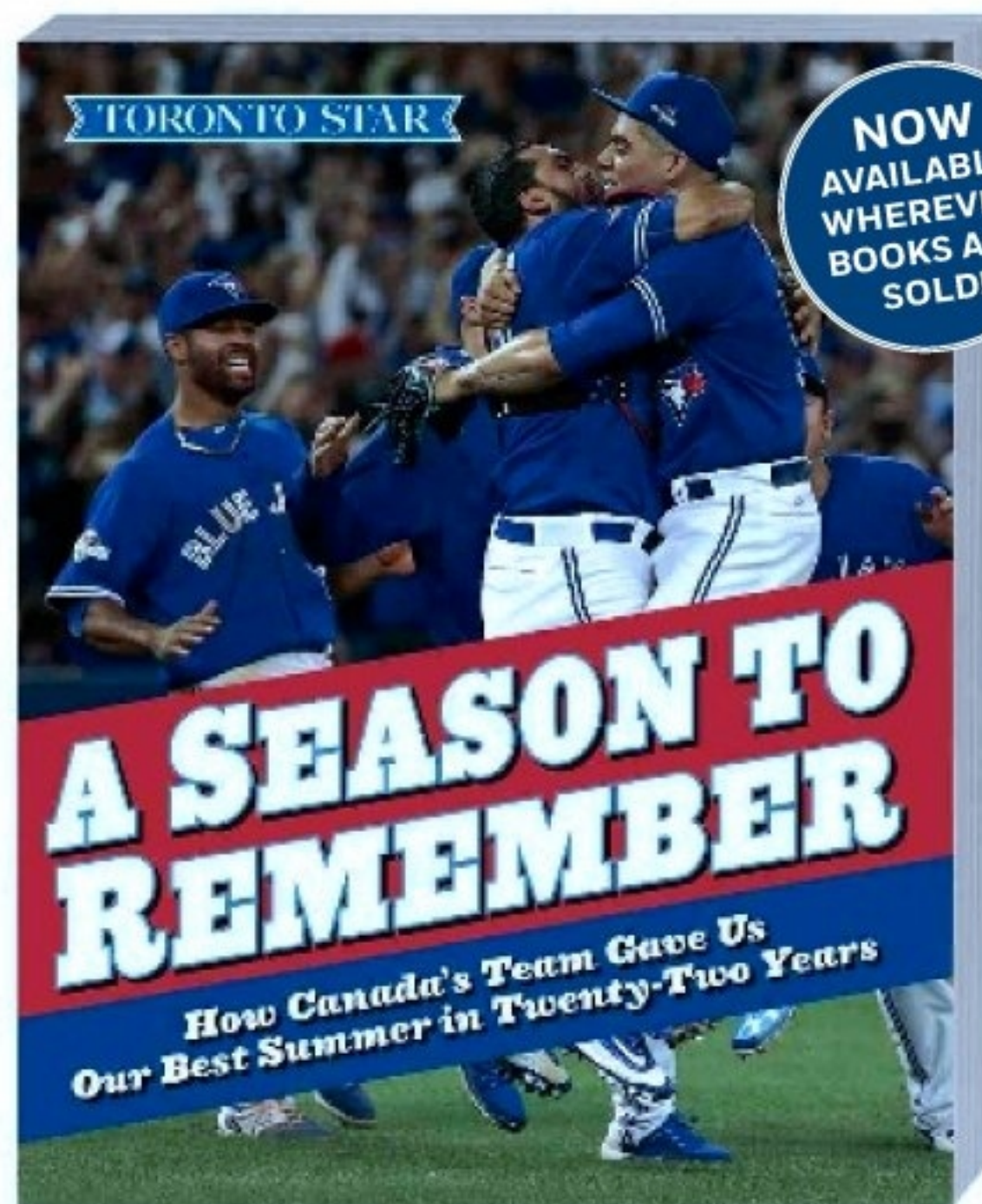
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## URBAN ETIQUETTE ELLEN VANSTONE



### THE QUESTION

**I've been happily married for three years. My wife has no problem telling everyone we met online, but I don't feel comfortable revealing that. I don't think people should ask. What do you think?**

Dear Ellen,

I have been happily married for three years and my wife and I are now the happy parents of a two-year-old girl. My question is about what to tell people when they ask how we met. My wife has no problem telling everyone that we met online, but I don't feel comfortable revealing that. I don't think people should ask. What do you think?

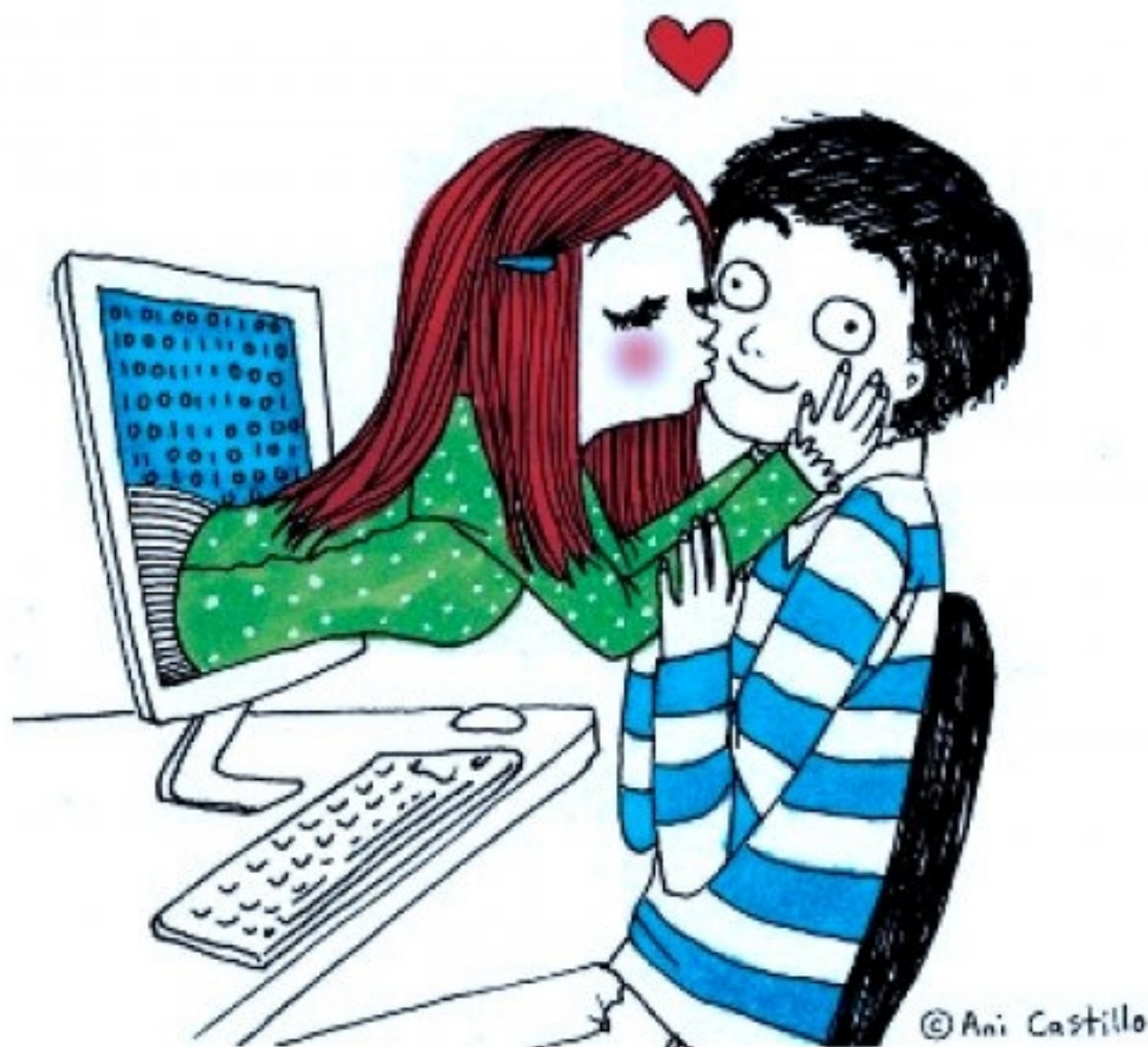
Name withheld, Ottawa

Dear Sir or Madam,

I'm wondering if you're somewhat older than your wife, or from a generation that didn't grow up online. I've noticed a lot of people over a certain age find the idea of Internet dating faintly embarrassing, if not downright humiliating.

After researching the issue with a small focus group (consisting of me and a co-operative woman at the next table in the café where I'm writing this), my conclusion is that older grown-ups don't want to publicly advertise they're looking, in case they appear desperate; or an online predator seduces them and then cleans out their bank account; or, even worse, an old flame they still want to make jealous finds out they're pathetically scouring cyberspace in search of love.

Personally, I think young people have a more sensible approach. They're not afraid to use social media to meet their various needs. And there's no shame in acknowledging you want to share your life with someone special, so why not



© Ani Castillo

use every resource available to make it happen?

The only downside of Internet dating I can see is that it's so labour-intensive. Even with an instant-gratification app like Tinder, where you don't have to fill out miles of questionnaires, the ratio of swiping activity to meeting-the-love-of-your-life activity is astronomical. And, let's face it, you never really know if it's going to work until you're close enough to smell the person.

Nevertheless, online mate-finding works for many, as you, my anonymous friend, are aware.

I may be wrong about your age. You might be a sprightly 25-year-old who simply doesn't care to share your Internet history with anyone who asks. But I can't agree with you that people shouldn't be allowed to

ask how you met your beloved wife. It's a perfectly polite question. In fact, it's the one question that's bound to reveal what's most interesting about you, or anyone.

The story of how people fall in and out of love (the true kind, not the lust kind) is the basis of most art, literature and music for a reason — it's an endlessly fascinating mystery. Rationally speaking, it often makes no sense. Emotionally, it's the grand unified theory of everything.

I sympathize with your self-consciousness, but if you can think it through and figure out exactly what's bugging you about it, you might feel more comfortable talking about it. And the more you talk about it (within reason and to a voluntary audience, please), the less self-conscious you'll become

— as well as more conscious of all the good stuff.

Something special must have initially grabbed you about your wife's posting. I wonder how many or few other candidates you had to wade through to get to each other. What did you do on your first date, and how did those first impressions of each other compare to how well you know each other now? I know that on some level you must be grateful to the Internet for leading you to being the parent of a little girl.

By the time your daughter is old enough to be curious, you will surely have a wonderful romantic tale of your own to share with her.

**Need advice?**  
**Email Ellen:**

scene@metronews.ca

## ROSEMARY WESTWOOD

metroview

### Lives are ruined as we wait for indigenous incarceration reform

The Liberals, so far, are a stick-to-it government.

Removing fighter planes from Syria, as they promised. Taking on a \$30-billion deficit to keep their spending promises. Launching a missing and murdered indigenous women inquiry, as promised.

That last one is an important part of a revision of the federal government's relationship to indigenous Canadians. But there is another equally important part: reducing incarceration rates among the country's indigenous people.

This was, according to the Supreme Court, a "sad and pressing problem" back in 1999, when the court ruled in *R. v. Gladue* that judges must take indigenous people's history into account when sentencing, and seek "all available sanctions other than imprisonment that are reasonable."

Twenty-five years later, the stark incarceration rates have only become starker, while white Canadians' incarceration rates fall. A recent *Maclean's* investigation into the phenomenon declared Canada's prisons the "new residential schools," finding that Canada jails indigenous Canadians at a greater rate than South Africa incarcerated blacks during apartheid.

Just last week, Quebec's ombudsman concluded an "over-reliance on the courts and the resulting incarceration does nothing to solve social problems," in a damn-

ing report into the treatment of Inuit in detention centres. It called for greater crime prevention, social reintegration and alternatives to courts.

Howard Sapers, the Correctional Investigator of Canada, deemed the report "disturbing." That's coming from someone who's spent years calling on the government to address the high rates of indigenous incarceration, in particular among indigenous women prisoners, who now make up 35 per cent of the female prison population.

The application of the *Gladue* ruling has been "uneven," he noted, and while Correctional Services of Canada has conducted training and "is probably getting better," it's still been "too slow."

Indeed, Indigenous Canadians are five per cent of the population, and if courts were making best efforts to find alternative sentences, they wouldn't be one-quarter to one-third of all prisoners.

Sapers is "encouraged" by the Liberals' statements on the issue. There's also the important fact that Jody Wilson-Raybould, an indigenous woman, is the justice minister.

We can, then, hope this decades-old problem will be meaningfully addressed. That promises for reform will be kept. As witnessed by the *Maclean's* article, and in so many other places: Lives are being ruined while the country waits.

**I can't agree with you that people shouldn't ask how you met your beloved wife.**

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# Looking for low-risk options?

## NEST EGG

### Some tips for investing in a volatile market

Michelle Williams

In today's unpredictable financial market, investors are finding low-risk investments hard to come by.

"It's a tough time for investors right now due to low interest rates," says Jane Anderson, certified financial planner with Investment Planning Counsel. "If you're looking for low risk, your options are limited to high-interest savings accounts and GICs, and if invested outside of an RSP, not only are you earning low interest, you're also paying on the interest earned at your marginal tax rate. Considering inflation of up to three per cent per year, you're probably looking at a negative return on your investment."

While stocks are generally considered higher risk for higher reward, until not too long ago, some stocks were safer choices for cautious investors.

"Bank stocks are a prime example of stocks that were always considered quite safe, but today, nothing is risk-free," says Ron Dale, partner at Bonnard Dale Fried Chartered Accountants.

And there's the crux — as



Worried about market volatility? There are options out there for the cautious investor. ISTOCK

investors shy away from the volatility in the stock market, the investment options are very limited. However, if you recognize your return will be limited, there are still products for the cautious investor.

#### Guaranteed investment certificates (GICs)

These are one choice for risk-averse Canadians. It's a guar-

anteed rate of return over a fixed period of time and the rate varies depending on the length of the term and interest rates when you purchase.

"GICs grow at different rates depending on how long you want to lock them in for," explains Dale. "A five-year commitment will get about three per cent growth, but if the market improves, you're locked into

low interest rates. These days, some investors are looking at locking in for a year at a time."

#### High-interest savings accounts (HISAs)

These are savings accounts with competitive interest rates, but often with bank fees or minimums.

"If you need money in a pinch, you may be able to take

it out penalty-free. Unlike GICs where often you forfeit interest if you cash in early, interest on your HISA is calculated daily," says Anderson. "They're the best choice right now for investors requiring flexibility and capital preservation."

#### Canada Savings Bonds

These come with very low interest and aren't as popular as

they once were. "It's a guaranteed investment in the country, so it's seen as very safe, but the interest is extremely low, even when you take it for a longer term," says Anderson.

#### Risk vs. return

GICs and HISAs are low-risk options, but they also generate very low return on your investment.

"If you're making RSP contributions and you invest the money into GICs and HISAs, you've chosen the lowest risk but least rewarding options," explains Dale. "However, some people in this unstable market are just happy to maintain their investment and get the RSP tax deduction. It has to be what works best for you."

Those who are investing with a longer time horizon (10 years or more) may wish to invest in some of the more stable stocks and bonds.

"There's certainly no guarantee that these investments won't lose value from time to time and you may have to wait through the down times," says Anderson. "But if you have a long-term investment horizon, even those with low risk tolerance could explore an appropriate asset allocation strategy, including stocks and bonds."

Dale's advice for those looking for the safe option: "This may be a good time to buy RSPs and wait with them in low-risk short-term investments until the market corrects."

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# Apps fit for red carpet noshing



Forget the party mix, these bacon-toasted pecans will add a touch of class to your Oscar party. THE ASSOCIATED PRESS

## RECIPE

### Bacon-toasted nuts

Don't even think about serving that old classic "party mix" at your Oscars party.

This isn't an eight-year-old's birthday party. This is red carpet material, even if it's in your living room. So it's time to class up your party mix act.

And with this recipe for spiced bacon pecans, you'll have no trouble. We start with bacon because, well, because all good things start with bacon.

Once the bacon is nice and crispy, all you have to do is toss in some pecans and a whole mess of seasonings. A bit of brown sugar ties it all together.

**Spiced Bacon Pecans**  
Start to finish: 15 minutes  
Makes 2 1/2 cups

#### Ingredients

- 4 strips bacon, diced
- 2 cups pecan halves
- 1/2 teaspoon cinnamon
- 1/4 teaspoon cayenne
- 1/2 teaspoon flaked salt
- 1/2 teaspoon ground black pepper

- 3 tablespoons brown sugar

#### Directions

**1.** Line a rimmed baking sheet with kitchen parchment.

**2.** In a large skillet over medium heat, cook the bacon until almost crispy.

**3.** Add the pecans and toss to coat thoroughly, then cook, stirring frequently, until evenly toasted, 2 to 3 minutes.

**4.** In a small bowl, combine the cinnamon, cayenne, salt, pepper and brown sugar. Toss with the bacon and pecans and cook for another minute.

**5.** Spread out on the prepared baking sheet and allow to cool fully. Store in an airtight container at room temperature.

THE ASSOCIATED PRESS

## RECIPE

### Bread-based tartlets carry a Hollywood healthy salad

## THE OSCARS

Finger food can be tricky for the healthy eater. Tiny bites that explode with flavour often are loaded with empty calories and little nutrition.

If you're not paying attention at a party, you can easily inhale a day's worth of calories, just because, well, you're hungry. But what if we made finger food a little healthier? That's what this Oscar recipe is — a salad stuffed with protein and veggies, but turned portable thanks to a little secret for making a better-for-you crispy tart crust.

Compared to a butter- or shortening-filled pie crust, a simple slice of white bread is a great compromise. White bread squished flat until doughy, then sprayed lightly with olive oil and baked in a muffin tin makes an amazing crust.

So try these salade nicoise tartlets, then feel free to make these tartlet crusts your own. A fun idea: use coconut oil instead of olive oil and fill with something sweet, such as berries and chopped mint.

**Salade Nicoise Tartlets**  
Start to finish: 45 minutes  
Makes 10 tartlets

#### Ingredients

- 10 slices of white sandwich bread, crusts removed
- Olive oil cooking spray
- Kosher salt and ground black pepper
- 1 teaspoon Dijon mustard
- 1 tablespoon red wine vinegar
- 1 tablespoon lemon juice
- 2 tablespoons olive oil
- 1 teaspoon chopped fresh thyme
- 10 small cherry tomatoes, quartered

#### SUBSTITUTION

Not a fan of pecans? Try bacon toasted peanuts, cashews or walnuts instead.



These Salade Nicoise Tartlets are only 220 calories each. THE ASSOCIATED PRESS

- 1 cup chopped romaine lettuce
- 1/4 pound thin green beans, steamed to crisp-tender and roughly chopped
- 5 small new or baby potatoes, cooked and thinly sliced
- 5-ounce can oil-packed tuna, drained
- 2 hardboiled eggs, chopped
- 2 tablespoons chopped marinated olives
- 1 tablespoon chopped fresh chives

#### Directions

**1.** Heat the oven to 375 F.

**2.** Use a rolling pin to flatten the bread slices until doughy and thin. Spritz

both sides of each slice with olive oil cooking spray, then sprinkle light with salt and pepper.

**3.** Press each slice into a muffin tin cup. Bake until golden, about 13 minutes. Remove the bread cups from the pan, then set aside to cool on a rack.

**4.** Meanwhile, prepare the salad. In a medium bowl, whisk together the mustard, red wine vinegar and lemon juice. Drizzle in the olive oil, whisking into a vinaigrette. Add the thyme and season with salt and pepper.

**5.** Set aside half of the vinaigrette to use later. Add

the tomatoes, lettuce and green beans to the remaining dressing and toss to coat.

**6.** Once the tartlet crusts are cooled, layer the sliced potatoes on the bottom of each cup. Top the potatoes with the tomato mixture, then the crumbled eggs, tuna, chopped olives and chives. Finish each with a drizzle of dressing over the top.

**Nutrition information per tartlet:** 220 calories; 60 calories from fat (27 per cent of total calories); 7 g fat (1.5 g saturated; 0 g trans fats); 45 mg cholesterol; 320 mg sodium; 32 g carbohydrate; 3 g fiber; 4 g sugar; 9 g protein.

THE ASSOCIATED PRESS



**JOHANNA SCHNELLER WHAT I'M WATCHING**

## Getting their panties in a selfie

**THE AD CAMPAIGN:** MTV and U by Kotex team up to Save the Undies (MTV, Much, E! and VEVO)  
**THE MOMENT:** The Undie Waving

In four one-minute spots, attractive young women stand in a dressing room, answer questions about their periods, and take duck-face selfies with their panties. Seriously.

Maripier Morin, identified as "Montreal It Girl," reveals that she wears different types of panties for work and sleep (gasp!). E! reporter Liz Trinnear announces that, when she's on her period, "If I want that chocolate, I'm going to eat that chocolate." She also debunks the myth that one shouldn't dye one's hair during "that time." "I talked to my hairdresser about this last night!" she cries passionately.

The Baker Twins, ID'd as "Much Digital Studios creators," confide that they wish someone had taught them to use a tam-



Maripier Morin in a U by Kotex ad. YOUTUBE SCREENGRAB

pon. Tasha Leelyn, also a Digital Studios creator, proclaims that her "period spirit animal" is a tiger, and advises, "Be proud of your undies. It's part of being a girl."

Is this campaign a healthy embrace of female biology, or the ultimate end point of narcissism? Do we really need to fetishize every single thing that happens to us? What's next, Airwick celebrates breathing with its "You breathe, girl!" campaign?

In the text that accompanies these ads on MTV's website, a

Kimberly Clark spokeswoman avers, "Women across Canada lose millions of pairs of underwear each year due to failed period protection" — a sentence so solemn, it's almost parody. Infomercials like these seek to erase the line between telling us something and selling us something, leaving only a faint, rusty stain to remind us it was ever there.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Katie Holmes and Luke Kirby star in director Paul Dario's Touched with Fire. CONTRIBUTED

## Film as metaphor for creator's story

**TOUCHED WITH FIRE**

**Paul Dario uses film to explore beauty, horror of being bipolar**

**Richard Crouse**

For Metro Canada



Touched with Fire stars Katie Holmes and Luke Kirby as two poets with bipolar disorder. It's the work of Paul Dario who wrote the screenplay, directed, edited and even wrote the musical score.

"The film was kind of a metaphor for my story," he says. "It was my struggle to come to terms with all this beauty that I found in this thing and all this horror I found in this thing. And how you reconcile that. It took the form of these two lovers who each represented a different aspect of it. As these two lovers pursue their love it goes back and forth between agony and ecstasy. They have to come to terms with it."

Dario's issues with mental health began when he was in his undergrad years for Dramatic Writing at New York University.

He describes breaking into a "hypomanic state when I was experimenting with marijuana," which he used as a "creative catalyst."

"I didn't know at the time if you have the bipolar gene and you smoke marijuana it actually pushes your mind into a hypomanic state," he says. "It makes you temporarily more creative with a quicker mind. At first it was thrilling. It got to the point where my fingers couldn't keep up with my mind. I had to use a voice recorder. Then my thoughts started overlapping

and my mind couldn't keep up with my thoughts. I would go for runs with the voice recorder to try and speed my mind up to keep up with these overlapping thoughts."

"For a while my professors started to really praise my work, saying it was brilliant, which they never had before. I felt like I was tapping into some kind of divine illumination. I started to think I was experiencing God. Visions from God."

Soon the creativity that once seemed like a gift "took the form of a demon that was inside of me. Possessing me, laughing at me and my mistakes."

Dario spent four years gripped by suicidal thoughts and manic behaviour until realizing, "I couldn't put my family through that anymore so I had to resign myself to living numb on medication and just getting by."

A meeting with author Kay Redfield Jamison whose book Exuberance: The Passion for Life explores the mind's pathologies convinced him that he could live and work creatively on his medication.

"She said she experiences exuberance all the time and I absolutely will if I am patient. She also said she doesn't know one artist who isn't more creative after bipolar than before bipolar as long as they are on the meds. It changed everything. It gave me hope. I had something to fight for then."

**▶ SANITY/LOVE**



**Seed of the film is sown**

Director Paul Dario and his wife cinematographer/producer Kristina Nikolova were in Bulgaria nearing the end of production on her movie Faith, Love and Whiskey. She asked him to write a story for her to direct and as she remembers he said, "How about two crazy people meeting in a psychiatric hospital and they have to basically choose between sanity and love?" She said, "Wow, that's a great idea, but it's your story."

**ROSE REISMAN THE SAVVY EATER**

**THIS WEEK:** Breakfast-on-the-go

Greek yogurt, fruit and a crunchy topping sounds like a well-rounded, tasty breakfast but grabbing it on the go can give you a sugar rush.

**✓ PICK THIS**

**Blueberry Oikos Greek Yogurt (served with 1 tsp pumpkin seeds)**

**Calories** 120  
**Fat** 3.5 g  
**Sugars** 10 g  
**Protein** 9 g



**✗ SKIP THIS**

**Tim Hortons Vanilla Greek Yogurt with Mixed Berries and Almond Granola**

**Calories** 270  
**Fat** 5 g  
**Sugar** 25 g  
**Protein** 13 g



**⚖️ HERE'S WHY**

**Equivalent to 5 Nature Valley Berry Granola Bars in sugar**

You've heard the old adage — breakfast is the most important meal of the day. Starting the day with Greek yogurt, fruit and granola sounds like a balanced mix of protein, fruits and carbohydrates, but the versions found at breakfast spots like Tim Hortons contain excess sugar from the granola. Oikos makes a fruit-flavoured yogurt — add a sprinkle of seeds or nuts to replace the crunchiness of the granola and save in calories, fat and sugar.











## Feisty and smart

REVIEW

### Think less cute, more punk for 2016

Mike Goetz  
For Metro



Virtually every time a nameplate gets a major design overhaul, it gets a little bigger.

Not the smart. Ever since its initial introduction back in '98, Mercedes-Benz has heard people constantly question why

anybody would need a car this small. But this never seemed to detract from the commitment Mercedes-Benz has had, and continues to have, for smart's tiny-car format.

This third-generation version debuting for model-year 2016 is still only 2.69 metres long. Of course, it is designed to thrive in congested cities, where parking is at a premium, and priced by the foot. Canadian urban centres are not yet so packed, so going with the smart would seem more of a lifestyle choice.

There is no denying this is a very economical, green, and "short" way to stand out from the crowd.

If you've always been intrigued by smart, and those unique suite of attributes, the 2016 model represents a great time to jump on the smart train.

For one thing, it now has an automatic transmission (a dual-clutch type) that actually feels like a regular automatic. The previous one was famously jerky.

For another, overall on-road refinement is way up. For a car with such a small wheelbase, and such a small overachieving three-cylinder engine, it feels remarkably stable, comfortable, and free of vibration. Only when the pavement gets really rough does the little car feel a bit jittery.

Performance is more than adequate. I don't know if it's just me, but I've always looked forward to jumping into a smart. Turning is quick and it boots around town in a merry way, which always seems to put a smile on my face. I also like

how the styling has evolved to match its now feistier demeanour.

The interior continues past themes of pod-like elements, and funky colour combinations. Our tester had an orange interior. Some hard plastic bits will remind you that this is not a luxury car, but what other car can give you an orange option for the interior?

While an infotainment screen is optional on high trim lines, the smart acknowledges and leverages the reality that a lot of potential buyers are now heavily invested in their smartphones, and would rather use them for infotainment purposes.

As such, smart provides a great smartphone cradle, which positions devices exactly where an in-car screen would go.

While cargo capacity has increased, it remains relatively minuscule — think carry on. This lack of utility, combined with seating for only two, keeps smart off the shopping list of a lot of consumers.

Especially as non-premium brand small cars, like Nissan Micra, Chevrolet Spark, and Mitsubishi Mirage are considerably cheaper and actually have similar or better fuel economy. For example, the combined city/highway fuel rating for the Mirage is 5.9 L/100 km, while the smart is rated at 6.9, and requires premium fuel.

But no other car looks like — inside and out — or drives like, the smart fortwo. It's a singular experience, and a fun and economical one to boot.

Long live the tiny smart fortwo.

### THE CHECKLIST

#### 2016 SMART FORTWO

##### THE BASICS

- **Type.** Two-door, two-passenger, RWD, rear-engine, microcar
- **Power.** Twin-turbo, 900-cc, 89-hp, inline three-cylinder
- **Transmission.** Five-speed manual, Six-speed dual-clutch automatic
- **Price.** Base \$17,300 (plus destination)

##### COOL FEATURES

- Smartphone Cradle positions phone for perfect sight lines, with integrated USB port and an app that connects phone to audio system.
- Crosswind Assist automatically and carefully brakes vehicle when it



MAIN: GETTY IMAGES, INTERIOR: MIKE GOETZ/FOR METRO, OTHERS HANDOUT

encounters a gust, to stabilize the vehicle and allow the driver to correct the path.

##### POINTS

- All-new, third-generation smart introduced to Canada in 2015.
- New styling ethos forgoes cuteness for more punk-ish attitude.
- Outrageously tiny turning circle, good for quick U-turns.

##### MARKET POSITION

- City car, but with premium positioning and stylish flare.
- Only 2.69 metres long, so Canada's shortest vehicle, by a long shot.
- Conceived around the concept of individual urban mobility and to thrive in congested cities.

### THE COMPETITION



**Chevrolet Spark**  
Base Price: \$11,595



**Fiat 500**  
Base price: \$18,995



**Nissan Micra**  
Base price: \$9,998

### INNOVATION

## Ford Kuga SUV's sharing-economy app is on-trend

Ford has taken the unusual step of revealing its latest compact off-roader at a mobile technology conference, rather than at next month's Geneva motor show.

However, with the amount of connected technology built into the new Kuga, the Mobile World Congress is perhaps the best venue.

"New Kuga offers cutting-edge new features and technologies that will help drivers stay connected, comfortable, safe and stylish on the road," said Joe Bakaj, vice president, Product Development, Ford of Europe.

The most notable of which is the Sync 3 infotainment system. It is getting a host of new features including better 'natural language' voice recognition so that owners will be able to converse with their cars.

It means that if the driver is looking for a fuel station or the closest branch of Starbucks, he or she simply says "I need a coffee," or "I need fuel" in order to initiate a local search and activate the navigation system.

The platform also features a new app that will let users potentially finance a journey by offer-

ing to transport a package. Called MyBoxMan, it could enable a driver to earn €5-€8 (\$7.50 to \$12) for a five-kilometre journey.

"(It) opens up entirely new ways for drivers to stay connected and even earn money," said Scott Lyons, business and partner development, Connected Vehicle and Services, Ford of Europe. "Like a ride request service for deliveries, MyBoxMan is breaking new ground in social shipping, making intelligent and efficient use of car and van capacity on trips that are happening anyway."

The car boasts a host of active

driver aids including a new parking assist feature that can recognize a suitable space as well as help a driver enter it or exit. Its emergency autonomous breaking system (called Active City Stop) has been up-

graded to work at speeds of up to 50km/h and the car also gets new adaptive headlamps that base the strength and angle

of illumination on the car's speed, the direction of the steering wheel and the ambient light levels.

"Demand for SUVs is stronger than ever, and Ford is expanding its range to offer everything from rugged models with true go anywhere ability to sporty models designed to suit urban lifestyles," Bakaj said. AFP

**Kuga's platform includes an app that lets users make money by transporting a package. HANDOUT**





# GM chases wind power

## WIND FARM

### General Motors invests in renewable energy

General Motors is buying energy from windmills to power the production of some of its biggest tall wagons at a factory in Texas, reports industry watchdog, Automotive News.

The automaker is buying 30 megawatts of energy from a local wind farm operated by a Spanish renewable-energy company.

"Our commitment to sustainable manufacturing processes is one way we serve and improve the communities in which we work and live," Jim DeLuca, GM's executive vice president of global manufacturing, said in a statement.

"Using more renewable energy to power our plants helps us reduce costs, minimize risk and leave a smaller carbon footprint."

## THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

## INVESTMENTS

### Ford focuses on electrification

The Detroit-based automaker will plow \$4.5 billion US into its vehicle-electrification program over the next five years to spur the production of 13 new vehicles. By 2020, the company says, 40 per cent of its nameplates will offer electrified versions. First among those new vehicles will be the next Focus Electric featuring an all-new direct current fast-charge capability that will deliver an 80 per cent charge — and a projected 160-kilometre range — in about 30 minutes. That's two hours less than it takes to deliver a similar charge to the current Focus Electric model. The new Focus Electric will offer the "Brake Coach" feature that instructs the driver on how to smoothly use the pedal to maximize the energy captured through regenerative braking.



## FUELING STATIONS

### Nissan imagines a new future

Nissan partnered with London architects Foster + Partners to develop a "sustainable urban master plan." Looking ahead, David Nelson of F+P said that autonomous cars, artificial intelligence and greater connectivity "will come at great pace." That experience, could involve inductive (wireless) recharging.

## GT

### Ford beats its chest with lightweight Gorilla Glass

Ford's built-in-Canada GT supercar will use a strong, lightweight glass developed for cell phone use in its windshield and engine cover. Gorilla Glass, developed by Corning for smartphone touchscreens is a thin and durable alternative to regular safety glass, reports AutoWeek magazine. It's also about 30 per cent lighter, while maintaining and possibly improving the safety quotient of safety glass. Ford said the glass in the windshield and engine cover will save about five kilograms in the car's overall weight.



## + IN BRIEF

### Self-driving Volts to be built in Canada

A fleet of self-driving 2017 Chevrolet Volts will be built in Ontario, which is a development made possible by a "favourable regulatory environment" that exists in that province. In making the announcement, Steve Carlisle, president of General Motors Canada, predicted that autonomous vehicles would be an \$87 billion industry by 2030. But continued government support is needed for that to happen. Governments need to be increasingly involved with connected and autonomous car technology Carlisle said.

## VIRAL VIDEOS

# Used car ad capitalizes on car-ad clichés to create comedy

The 2010 Nissan Altima that Rob Comeau has been unable to sell for a year is now in top gear, spinning up hits through Facebook's video view counter and scoring the owner some test drives.

In just over a couple of days, the over-the-top car commercial he and his film production cohorts created has gone viral getting more than 400,000 views.

And not only have 100 people expressed an interest in the wheels he's been trying to sell for \$12,500 with no bites on Kijiji, Craigslist and Auto Trader, but the Buy Rob's Car video has

grabbed the attention of prospective clients for his friend's film company.

"We sure weren't expecting the video to blow up this big," said Comeau. "It's been pretty wild."

"It all began outside the gym," explains Chris Hau, of Know Hau Media, in Ontario.

The two pals were leaving the fitness club where they have morning workouts when Comeau said: "Man. No one wants to buy my car," gazing at his black Altima in the parking lot.

"Just then I had a great idea

for a commercial," said Hau, a director and cinematographer. "So we talked about it over breakfast at McDonald's, which may seem like a funny place to go after working out at the gym."

And it spread like a wild fire, with positive viewer feedback to the tune of 100,000 hits in the first day.

Comeau, who wants to sell the car and possibly get a newer four-door model, is still mystified as to why no one was interested in his Nissan when it was advertised on three different sites.

"It's really a great car, in great condition and accident free," he said, adding: "Maybe the price is too high, but I'm willing to come down a bit."

Now with so many people interested, it looks like the car has legs.

"We had a pretty good feeling about the video but never expected the kind of response from across Canada and the U.S.," said Hau.

"Even someone from a car company in the States who saw our commercial contacted us about shooting a video for them."

TORSTAR NEWS SERVICE



Rob Comeau's been trying to sell his Altima for over a year with no luck, but an over-the-top car commercial has recently garnered interest in the vehicle. KNOW HAU MEDIA



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"Good God almighty," Jim Ross, best known as a play-by-play voice for WWE, has signed on to be a boxing announcer for CBS Sports

## IN BRIEF

### Leafs latest Canadian club to fall prey to Preds

Filip Forsberg's first career hat trick helped the Predators continue their dominance of Canadian NHL teams on Tuesday night.

Forsberg's three-goal game helped Nashville beat the Toronto Maple Leafs 3-2 at the Air Canada Centre. Nashville improved to 11-1-3 in its last 15 games against teams based in Canada, while also picking up points on the road for the ninth-straight game (7-0-2) - the longest such stretch in franchise history.

Carter Hutton stopped 25-of-27 shots to earn the win in net for the Predators (29-21-11). James Reimer made 23 saves for the Leafs (20-28-10). THE CANADIAN PRESS

# 50

The Golden State Warriors became the fastest team in NBA history to 50 wins in a season with a 102-92 victory over the Hawks on Monday night in Atlanta. The 50-5 Warriors need 23 wins from their last 27 games to top the 1995-96 Bulls' best-ever 72-10 record.

THE ASSOCIATED PRESS



# Family comes first at Tournament of Hearts

## SCOTTIES

### Familiar names Carey, Howard, Lang pop up in Grande Prairie

Prominent bloodlines run through this year's Canadian women's curling championship.

Alberta's Chelsea Carey is the daughter of Dan Carey, who won the 1992 men's championship playing third for Vic Peters. Her uncle Bill was Barry Fry's third when they won the Brier in 1979.

There is a Howard in the Scotties Tournament of Hearts for the first time. Saskatchewan third Ashley Howard is the daughter of Canadian, world and Olympic champion Russ Howard.

Her brother Steve, cousin Scott and uncle Glenn have all played in the men's championship. Glenn and Scott are representing Ontario at the Tim Hortons Brier in Ottawa next month.

"It took me a long time to realize I wasn't eligible to play in the Brier and I had to find my own dream," Ashley said.

And while she bears her married name on her Northern Ontario jacket, lead Sarah Potts is the daughter of Rick Lang, winner of three Canadian cham-



Chelsea Carey was out in front at the Scotties on Tuesday in Grande Prairie, Alta. JONATHAN HAYWARD/THE CANADIAN PRESS



Ashley Howard THE CANADIAN PRESS

pionships playing third for Al Hackner and Bill Tetley.

The fathers are all in Grande Prairie, Alta., with their daughters — Dan and Rick as spectators and Russ as a television commen-

tator. Rick is one of Curling Canada's national team coaches and oversaw the Brad Jacobs team that won Olympic gold in 2014. But his wife Lorraine is coaching Northern Ontario's women at the Tournament of Hearts. So Rick is in the unfamiliar role of fan, working the region's traditional moose-call noisemaker and wearing a furry hat at Revolution Place.

"He's having a ball, but he's

nervous, very nervous," Potts said Tuesday. "I can totally tell when I look up at him."

Carey and her Alberta rink extended their unbeaten run to 6-0 with a 6-4 win over New Brunswick. Northern Ontario was right behind at 5-1 with a 7-4 victory over Newfoundland and Labrador.

Saskatchewan's Jolene Campbell edged B.C. 8-7 to sit tied at 4-2 with Quebec's Marie-France Larouche, who was a 5-4 winner over Nova Scotia's Jill Brothers.

The top four teams at the conclusion of the preliminary round Friday advance to the Page playoff.

Nova Scotia's Jill Brothers fell to 3-3 after a 5-4 loss Quebec's Marie-France Larouche in the afternoon.

THE CANADIAN PRESS



1 Team Canada's Jennifer Jones won her morning match over New Brunswick's Sylvie Robichaud to improve to 3-2.

2 Manitoba's Kerri Einarson was 2-3 after a win over Quebec's Marie-France Larouche.

3 P.E.I.'s Suzanne Birt fell to 2-3 with a loss to Northern Ontario. Go to [metronews.ca](http://metronews.ca) for coverage of the late draw. JONATHAN HAYWARD/THE CANADIAN PRESS







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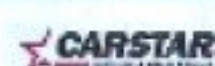
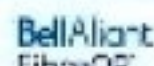
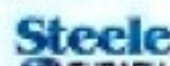
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# Blue Jays GM mum on contract negotiations

MLB

## Report says Bautista seeking \$150M over five years

Toronto Blue Jays general manager Ross Atkins is keeping his lips sealed when it comes to contract negotiations with slugger Jose Bautista.

Atkins addressed the media Tuesday at Florida Auto Exchange Stadium, a day after Bautista said he had given management his terms on any potential deal in an earlier meeting.



Ross Atkins  
THE CANADIAN PRESS



Jose Bautista is slated to become a free agent after the 2016 season. FRANK GUNN/THE CANADIAN PRESS

"If you want me to say the same thing 25 times, I'll say the same thing 25 times: When it comes to a negotiation, a trade rumour, we are not going to discuss them publicly," said Atkins, who repeated some version of

that mantra no fewer than five times within the eight-minute scrum.

After a breakout season in 2010, Bautista signed a five-year contract worth a guaranteed \$65 million US. His 2016 option was

picked up at \$14 million and he could become a free agent at the end of this season.

Bautista said Monday he feels he's outperformed that contract. A media report Tuesday suggested Bautista's proposed deal was a five-year term for \$150 million.

Atkins wouldn't reveal anything specific about Bautista's comments or about the earlier meeting he had with the all-star right-fielder.

"What I can say is that we're really glad Jose's here, we love the fact that he's a Blue Jay," Atkins said.

Bautista, who led the majors in home runs in 2010 (54) and 2011 (43), hit 40 homers last season while driving in 114 runs. The right-fielder is still very much in his prime at 35 and has said he feels he can play at a high level for several years to come. THE CANADIAN PRESS



**CHAMPIONS LEAGUE MESSI BOOTS BARCA PAST GUNNERS**  
Barcelona forward Lionel Messi jumps over Arsenal goalkeeper Petr Cech as he celebrates opening the scoring in the round of 16 first-leg match in London, Tuesday. Messi scored both goals in Barca's 2-0 victory. JAVIER SORIANO/AFP/GETTY IMAGES

### IN BRIEF

#### Hotel chain apologizes to Irving for bed bugs

Hilton Hotels has apologized after Cleveland Cavaliers guard Kyrie Irving said he was bitten by bed bugs Saturday night during his stay in downtown Oklahoma City.

Irving played just nine minutes the next day in

a nationally televised win over the Oklahoma City Thunder. Irving later said it was because he discovered the bugs and slept on the couch instead of his bed at the Skirvin Hilton. He said he had just three hours of sleep and had tightness in his back afterward.

THE ASSOCIATED PRESS

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# RECIPE Turkey Lettuce Wraps



PHOTO: MAYA VISNENI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

Give tortillas a break and send in lettuce to make these zesty, crunchy turkey wraps.

**Ready in**  
Prep time: 5 minutes  
Total time: 15 minutes  
**Serves 4**

## Ingredients

- 1 Tbsp of vegetable oil
- 1 lb ground turkey
- 1 red pepper, diced
- 1 clove of garlic, minced
- 1 tsp ginger, minced
- 1 Tbsp rice vinegar
- 1 Tbsp soy sauce
- 1 Tbsp Sriracha
- 1/2 cup water chestnuts, diced
- 1 head of Boston or bibb lettuce
- 2 scallions, chopped
- small handful of cilantro, chopped
- small handful of unsalted

cashews, chopped

## Directions

1. In a large skillet, drizzle the vegetable oil and warm it up to medium heat. Add the turkey and break it up as it browns until almost cooked through. Add the peppers, garlic and ginger and keep pushing everything around until the vegetables begin to soften. Pour in your vinegar, soy and Sriracha, along with the water chestnuts and give it all a stir. Place the meat mixture in a serving bowl.
2. Place clean and dried whole lettuce leaves, chopped scallions, cilantro and nuts all on the table, along with meat mixture and let everyone assemble their lettuce wraps. Making them in your hand works best — so place a lettuce leaf in one and scoop the fillings in with the other, fold up the leaf and bite in.

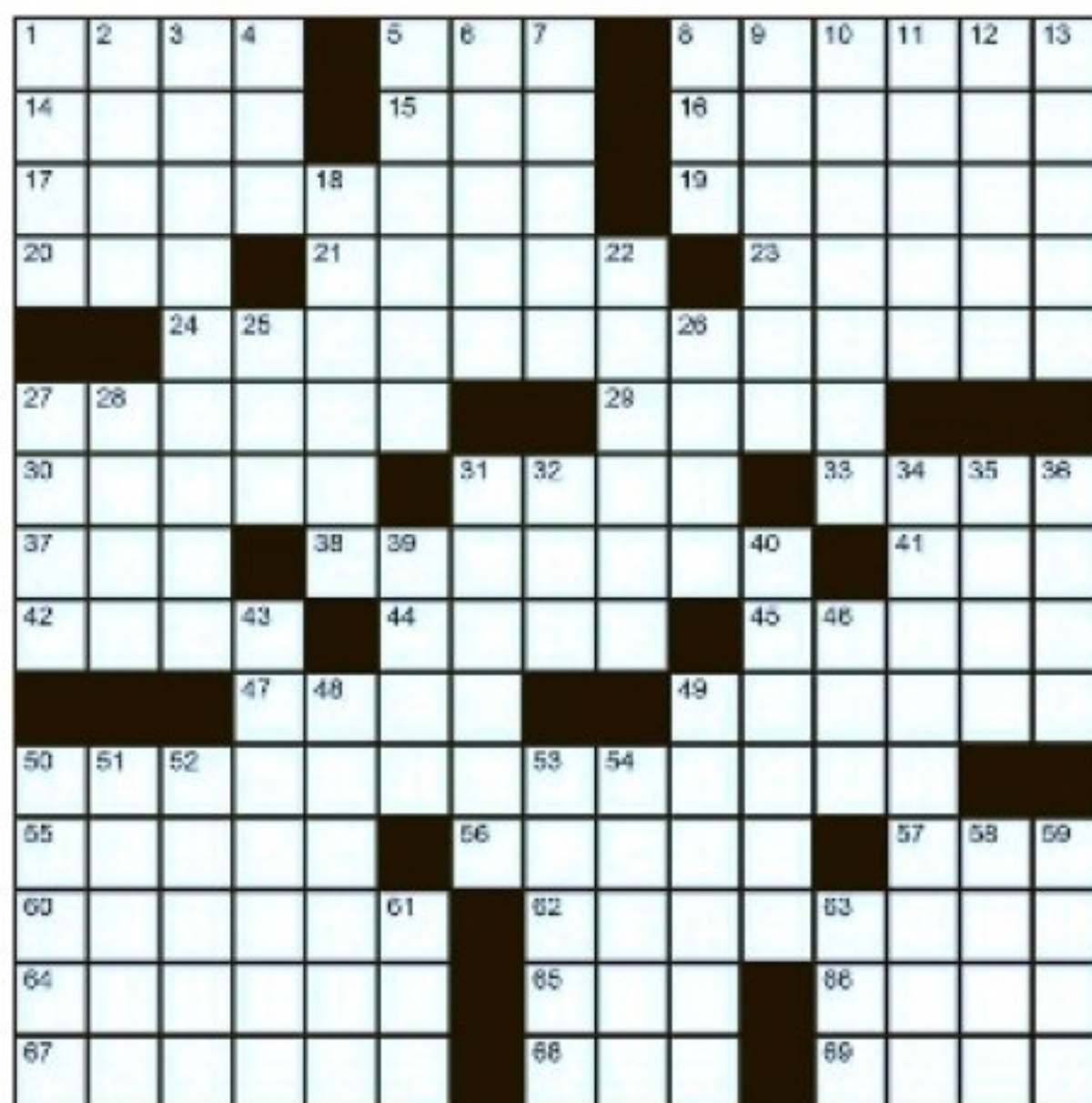
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# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. Ox-eyed goddess
5. Aesop's Fables creature
8. Put away
14. Eye \_\_ (Optometrist's skill)
15. Wear
16. Change a moniker
17. Norman Bethune's field
19. Sooner or later: 2 wds.
20. 23rd Greek letter
21. Weaponize again
23. Father, in Latin
24. Stage name of Canadian singer Beatrice Martin: 3 mots
27. Most-shown-off muscles
29. Singer Ms. Tennille
30. Earthy pigment
31. Puck-into-net meaning
33. Troll
37. Honolulu necklace
38. "\_\_\_ Hal" (2001)
41. Tear
42. Bustles
44. Burton and Golden
45. Violin of Cremona in Italy
47. \_\_\_-date
49. Saskatchewan hamlet, our great land when read backwards
50. What Mari-



- times food 'dulse' is: 2 wds.
55. High IQ society
  56. More healthy
  57. Pant leg part
  60. Per \_\_ (For each person)
  62. Sliding ballet move

64. Thwarted
65. Register
66. Ms. Korbust
67. Compounds in perfume
68. Shakespearean suffix
69. Ran, as clothing dye

## DOWN

1. \_\_ seed oil
2. Antiquated amours
3. Salad ingredient
4. Sherbrooke sidekick
5. Parisian fare-

wells

6. Submarine instrument
7. Ventriloquist's Mortimer
8. Lanka's lead
9. \_\_ bowling
10. Lake \_\_
11. Seasoned yogurt

- side dish of India
12. An archaic ant
13. John \_\_ (Tractor company)
18. Brunch servings
22. Copper and silver
25. Not 'neath
26. On-a-horse sport
27. Gaucho's weapon
28. Frosted
31. Protective shoe covering
32. Certain cheer
34. Breathtaking space in the Canadian Museum of History for the First Peoples of the Northwest Coast exhibition: 2 wds.
35. Ms. Hayworth
36. Majestic
39. Detest
40. Flamingos and Herons
43. Lessen
46. W.C.'s co-star
48. Chef, when prepping the dish for the waiter
49. "Anchors \_\_" (1945)
50. Roast's host
51. Bargains
52. Opinion
53. "Save Tonight" by \_\_-Eye Cherry
54. Dispense
58. Boundary
59. Hoover Dam lake
61. Want \_\_ (Newspaper listings)
63. Bawl

# ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
You can't explain how you've reached a decision but you must have the courage to see it through. The more your rivals oppose you, the more right you are.

**Taurus** April 21 - May 21  
You'll make friends with someone today who could become a lover. Act quickly if you think they might be the one for you. You're not the only one who has designs on their affections.

**Gemini** May 22 - June 21  
Money and possessions cannot make you happy, so forget about your cashflow problems and focus on affairs of the heart. Don't worry about making ends meet — it's meeting the right person that matters.

**Cancer** June 22 - July 23  
Forget about duty and routine and focus on the one thing that means the most to you. You always do what is expected of you but now you must free the creative side of your nature, even if it means breaking a few rules.

**Leo** July 24 - Aug. 23  
You'll have to put up with people who don't want you to succeed. As a general rule the more others criticize the more certain you can be that you are moving in the right direction.

**Virgo** Aug. 24 - Sept. 23  
It's a good time for social activities but you may want to stay in if your 'To Do' list is long. You should know by now that you'll always find work if you look for it — so don't look!

**Libra** Sept. 24 - Oct. 23  
It's good to have respect for powerful people but don't forget that they're human too. Your respect for one is based more on emotion than logic. See them for who they really are.

**Scorpio** Oct. 24 - Nov. 22  
Mars in your sign makes you hugely ambitious but there will always be things you cannot do on your own. Reach out to people who share your passion and principles. Together you will achieve something remarkable.

**Sagittarius** Nov. 23 - Dec. 21  
Today you should shut your ears to the outside world and take no notice of what others are saying. There is so much gossip doing the rounds at the moment that it is sure to end in tears.

**Capricorn** Dec. 22 - Jan. 20  
You seem to be flavour of the month. Make the most of it but don't get carried away and give someone the idea that they mean more to you emotionally than is actually the case.

**Aquarius** Jan. 21 - Feb. 19  
You may be tempted to retreat into your shell, but don't cut yourself off completely. The planets indicate there could be a new love interest!

**Pisces** Feb. 20 - March 20  
Now that the full moon has started to fade, look back on your words and actions of the past few days and you'll see how they were driven by emotion rather than logic. You may need to backtrack on some of the things you promised!

## CONCEPTIS SUDOKU by Dave Green

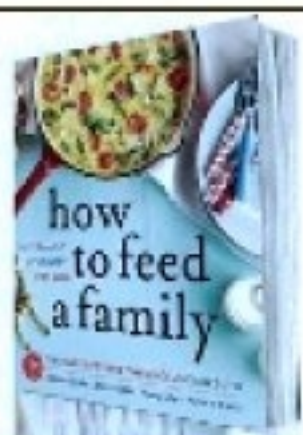
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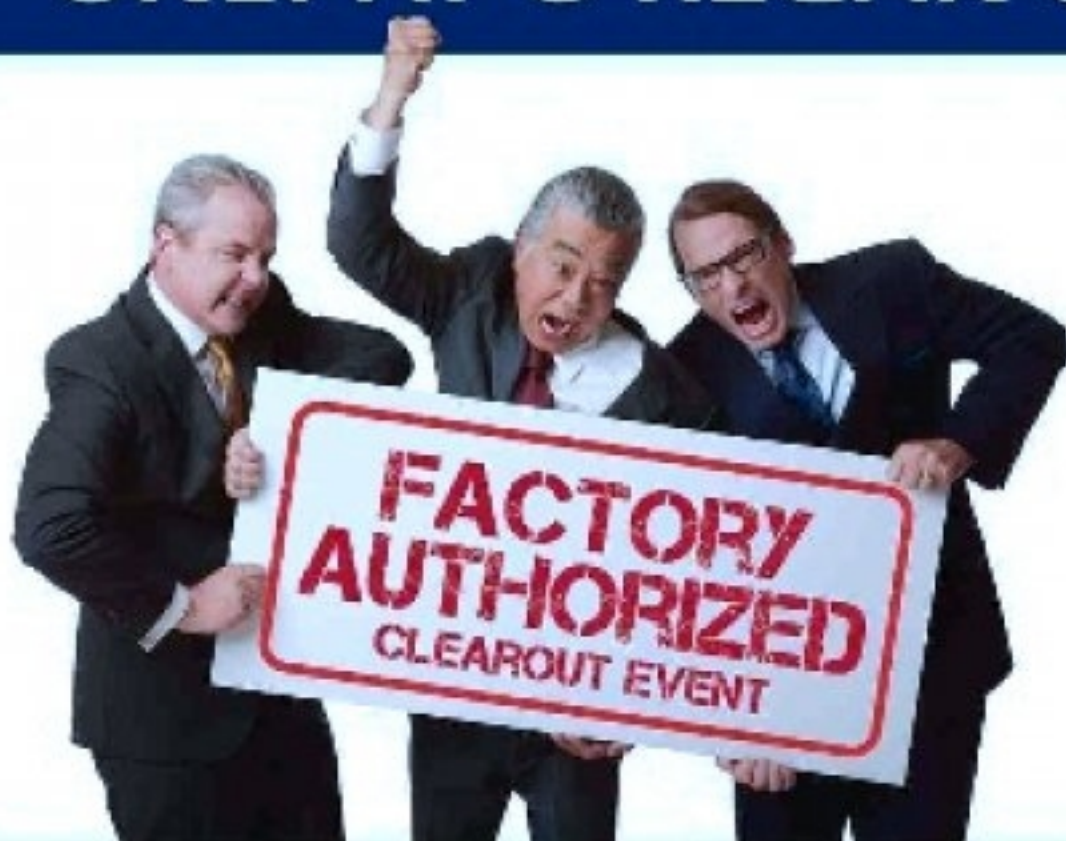
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